

# REAP

Read. Explore. Apply. Pray.

**A simple method**

**to help you read and reflect**

**on God's Word.**



# Our vision

Our vision is to see **more people, more like Jesus.**

That is, more people coming to saving faith in Jesus Christ, and more people being disciplined towards Christ-likeness.

Scriptural discernment is one of the core values of our church that underpin this discipleship journey.

“Centering our lives on God’s written Word we will allow scripture and the Holy Spirit to guide and direct us as we encounter God’s living Word ( Christ ).”

Matt 22:29, Luke 24: 32-45, Rom 15:4-5, 2 Tim 3:14-16, John 1

So, to help you in your discipleship journey, we have developed this resource that we trust will help you develop a love for God’s Word, and a desire to hear His voice and respond to His call.

# What is? **reap**

'REAP' is a simple Bible reading technique to encourage daily reading and reflection on scripture.

## Read

**Read a passage of Scripture.** Be on the lookout for the verse, word or sentence that jumps out at you. Write that down in your journal, with the Bible reference next to it.

## Explore

**Rewrite it in your own words as though you were trying to explain it to someone else.** Note what jumped out at you and why? What observations would you make about what you've just read in its context?

## Apply

**How might you apply what you have just read to your own life?** Don't rush. Use this time to meditate on what you feel God might be saying to you through this passage.

## Pray

**Ask God to help you hear and understand His Word.** Write down what it is you want to say to, or ask of God in light of what you have just read. Don't be afraid to pause and listen! Ask Him to give you direction for the day, for the week, and for your life.

# Why? reap

One of the greatest keys to moving forward in your Christian faith is regular Bible reading.

For many Christians, the discipline of daily devotions has been lost amidst the distractions of modern life. This initiative is one way for us to reclaim that which has been lost, but which is also vital to our walk with Christ and our development and growth as disciples.

As a church, we believe that scripture is the written, infallible Word of God and is 'beneficial for teaching, rebuking, correcting and training in righteousness.'

2 Tim 3:16

Our hope is that our church develops a culture of reflection and discussion around God's Word; in Small Groups, in your family, on your own or over a coffee with friends.

To do this we want to empower and equip you to not only read the Bible, but to hear the voice of God as He speaks into your life, through this daily practice.

# Ways to **reap**

**The REAP Bible reading method is extremely versatile and you may wish to implement it when meeting with others. Below are some examples of how this might be achieved.**

## **Mentoring**

If you are presently mentoring someone, encourage them to be reading their Bible and when you get together you may wish to both share any insights from your **E**xploration and **A**pplication. You may also wish to spend the first 10 minutes of your meeting reflecting on a Scripture that you have chosen. Using REAP, you can then share any insights gained from doing that. This can be a great way to encourage and learn from each other.

## **Small Groups**

You could plan to run your small group by asking the participants to follow the REAP methodology during the week and bring any realisations or insights they have gained to the group for discussion. This could lead to some rich Biblical exploration and understanding.

Alternatively you could spend the first 15 minutes reading a chosen chapter and then, using the REAP methodology, share what discoveries God has revealed to each person.

## **Meeting Devotions**

If you are in a meeting and have been asked to bring the devotion aspect, why not in the first 10 minutes of the meeting, invite everyone to read a passage from scripture that you feel is appropriate. Then REAP, sharing anything that they feel God is wanting to say to the group.

Of course there are many more ways to use this method, and we would be keen to hear other creative ways you have chosen to implement it and be enriched by God's word.

## **How to Engage**

You can follow the daily REAP devotions from our Pastoral team by jumping online and heading to:

**[www.church.nu/reap](http://www.church.nu/reap)**

You will be able to read and comment on these reflections and offer in conversation with others any insights you've discovered in your own reflections.

Alternatively, you can read the daily REAP devotions on our Church App. Simply search for **Newlife Uniting** in the App store for your mobile device or tablet and download. You will find these in the **Engage** tab of the App under **REAP**.

# Example reap

Here's an example of one of our Pastor's 'REAP' entries from 2 Corinthians 5:17.

## Read

"Therefore if anyone is in Christ, they are a new creation! The old has passed away, and the new has come!" *2 Corinthians 5:17*

## Explore

I can't think of a more succinct articulation of the Gospel than this! I love it so much. It declares the power of Grace and the promise of new life in Christ. No more guilt and shame - that life has gone - it's dead! I am now a new creation.

## Apply

This verse reminds me that my sin and my past mistakes are not held against me by God, if I have accepted Jesus as my Lord and Saviour. When God the Father looks at me - all he sees is the righteousness of Jesus. That is Good news!

## Pray

Lord please remind me of this verse whenever I have days where I reflect too long on my brokenness or when I let my past try to define my future. Thank you that in You, I am a new creation. Amen.

# New Testament reading **plan**

This year, we have devised a New Testament reading plan that tracks through key sermon series throughout 2018. This will encourage our Church family to be engaging in many of the Scriptures that will be expounded upon on Sundays. We pray that as we journey together in God's Word, we will indeed see more people, more like Jesus.

To encourage our families to engage in these conversations together, we are also following the same REAP methodology with our Kidzlife, Youth and Young Adult communities. This is a great opportunity to walk together with your children through the Scripture and wrestle with and reflect on the Word of God as a family.

Each day one of our Ministry Team will offer their personal reflections which you can read and reference at **[church.nu/reap](http://church.nu/reap)** as a guide to help you with your own devotions. Feel free to join in the conversation and add your own insights and revelations on the passages we read together on the blog, or feel free to share these posts on social media.



<b>Week 1</b>	<i>Feb-19</i>	Mark 1-7
<b>Week 2</b>	<i>Feb-26</i>	Mark 8-14
<b>Week 3</b>	<i>Mar-05</i>	Mark 15-16 + Hebrews 1-5
<b>Week 4</b>	<i>Mar-12</i>	Hebrews 6-12
<b>Week 5</b>	<i>Mar-19</i>	Hebrews 13, John 1-6
<b>Week 6</b>	<i>Mar-26</i>	John 7-13
<b>Week 7</b>	<i>Apr-02</i>	John 14-20
<b>Week 8</b>	<i>Apr-09</i>	John 21 + Romans 1-6
<b>Week 9</b>	<i>Apr-16</i>	Romans 7-13
<b>Week 10</b>	<i>Apr-23</i>	Romans 14-16 + 1 Peter 1-4
<b>Week 11</b>	<i>Apr-30</i>	1 Peter 5 + 2 Peter 1-3 + Philipians 1-3
<b>Week 12</b>	<i>May-7</i>	Philipians 4 + Luke 1-6
<b>Week 13</b>	<i>May-14</i>	Luke 7 - 13
<b>Week 14</b>	<i>May-21</i>	Luke 14-20
<b>Week 15</b>	<i>May-28</i>	Luke 21-24 + Acts 1-3
<b>Week 16</b>	<i>Jun-04</i>	Acts 4-10
<b>Week 17</b>	<i>Jun-11</i>	Acts 11-17
<b>Week 18</b>	<i>Jun-18</i>	Acts 18 - 24
<b>Week 19</b>	<i>Jun-25</i>	Acts 25-28 + Colossians 1-3
<b>Week 20</b>	<i>Jul-02</i>	Colossians 4 + 1 John 1-5 + 2 John 1
<b>Week 21</b>	<i>Jul-09</i>	3 John 1 + 1 Thess 1-5 + 2 Thess 1
<b>Week 22</b>	<i>Jul-16</i>	2 Thess 2-3 + Galatians 1-5
<b>Week 23</b>	<i>Jul-23</i>	Galatians 6 + Ephesians 1-6
<b>Week 24</b>	<i>Jul-30</i>	1 Tim + 2 Tim 1
<b>Week 25</b>	<i>Aug-06</i>	2 Tim 2 + James 5 + Jude
<b>Week 26</b>	<i>Aug-13</i>	Matthew 1-7
<b>Week 27</b>	<i>Aug-20</i>	Matthew 8-14
<b>Week 28</b>	<i>Aug-27</i>	Matthew 15-21
<b>Week 29</b>	<i>Sep-03</i>	Matthew 22-28
<b>Week 30</b>	<i>Sep-10</i>	Revelation 1-7
<b>Week 31</b>	<i>Sep-17</i>	Revelation 8-14
<b>Week 32</b>	<i>Sep-24</i>	Revelation 15-21
<b>Week 33</b>	<i>Oct-01</i>	Revelation 22 + Philemon 1 + 1 Cor 1-5
<b>Week 34</b>	<i>Oct-08</i>	1 Cor 6-13
<b>Week 35</b>	<i>Oct-15</i>	1 Cor 14-16 + 2 Cor 1-4
<b>Week 36</b>	<i>Oct-22</i>	2 Cor 5-11
<b>Week 37</b>	<i>Oct-29</i>	2 Cor 12-13 + Titus

# Reading Plan

# **notes**

A series of 22 horizontal dotted lines for writing notes.





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